

CheerExpo Nationals All Star Cheer Divisions and Info 2018

All-star Cheer Divisions	Age*	Female/Male	# on Squad	Levels
Tiny Cheer				
Tiny Novice	3-6 Yrs	Female/Male	5-30 Members	1 w restrictions
Tiny	5-6 Yrs	Female/Male	5 - 30 Members	1
Tiny Prep	5-6 Yrs	Female/Male	5 - 30 Members	1 (with mods)
Mini Cheer				
Mini	5-8 Yrs	Female/Male	5 - 30 Members	1, 2
Mini Prep	5-8 Yrs	Female/Male	5 - 30 Members	1, 2 (with mods)
Youth Cheer (*see www.usasf.net for rules on restricted divisions)				
Youth	5-11 Yrs	Female/Male	5 - 30 Members	1, 2, 3, 4
Youth Prep	5-11 Yrs	Female/Male	5 - 30 Members	1, 2, 3 (with mods)
Youth 5* (Restricted)	5-11 Yrs	Female/Male	5 - 38 Members	5R*
Junior Cheer				
Junior	5-14 Yrs	Female/Male	5 - 30 Members	1, 2, 3, 4
Junior Prep	5-14 Yrs	Female/Male	5 - 30 Members	1, 2, 3 (with mods)
Junior Restricted*	5-14 Yrs	Female/Male	5 - 38 Members	5R*
Junior 5	5-14 Yrs	No Males	5 - 38 Members	5
Junior Co-Ed 5	5-14 Yrs	1 or more Males	5 - 38 Members	5
Senior Cheer (*see www.usasf.net for rules on restricted divisions)				
Senior Restricted*	10 - 18 Years	Female/Male	5 - 38 Members	5R*
Senior	10 - 18 Years	Female/Male	5 - 30 Members	1, 2, 4.2, 2.0**
Senior Prep	10 - 18 Years	Female/Male	5 - 30 Members	1, 2, 3 (with mods)
Senior	10 - 18 Years	No Males	5 - 30 Members	3, 4
Senior Co-Ed	10 - 18 Years	1 or more Males	5 - 30 Members	3, 4
Senior 5 (Will be Split by Team Size)	12 Yrs - 18 Yrs	No Males	5 - 38 Members	5
Senior Co-Ed 5 (Will be Split by Team Size and # Males)	12 Yrs - 18 Yrs	1-18 Males	5 - 38 Members	5
Open Cheer				
Open 4	17 Yrs & Older	Female/Male	5 - 30 Members	4
International Open Cheer				
NEW - International Open 3.0	14 Yrs & Older	Female/Male	5 - 24 Members	3.0**
International Open 4.2	14 Yrs & Older	Female/Male	5 - 24 Members	4.2**
International Open 5	14 Yrs & Older	No Males	5 - 24 Members	5
International Open Small Co-Ed 5	14 Yrs & Older	1-4 Males	5 - 24 Members	5
International Open Large Co-Ed 5	14 Yrs & Older	5-12 Males	5 - 24 Members	5
International Open 6	17 Yrs & Older	No Males	5 - 24 Members	6
International Open Small Co-Ed 6	17 Yrs & Older	1-4 Males	5 - 24 Members	6
International Open Large Co-Ed 6	17 Yrs & Older	5-15 Males	5 - 24 Members	6
Parent Teams: Mom & Dad Cheer				
Mom and Dad	17 Yrs & Older	Female/Male	5 - 30 Members	1, 2, 3.0**
Super Cheer/Special Needs (****Up to level 2. In addition, No basket tosses permitted)				
Special Needs	Any Age	Female/Male	Unlimited	Up to Level 2**

Note:

1. The age of the competitor is as of August 31st 2017. Exception: The age of the competitor for International Open divisions will be "within the calendar year of the event" (so as of December 31st 2018).
2. *Please go to www.USASFRULES.com for the additional restrictions for the Junior 5 Restricted, Senior 5 Restricted, Prep Teams, Youth 5, Tiny Novice, and Special Needs divisions.
3. **Any all-star divisions not listed on the official USASF/IASF Age Grid will not be eligible for Max Out, The ONE Bids or Worlds Bids. Additionally, divisions listed as ".2" or ".0" divisions will not be eligible for Level Champs Awards. Level 4.2 will follow level 4 rules for stunts, pyramids and tosses and level 2 rules for all tumbling. Levels 2.0 or 3.0 will follow level 2 or 3 rules (respectively) for stunts, pyramids & tosses and no standing or running will be permitted or scored. Routine time for Level 2.0 or 3.0 or will be 2:00. Level 3.0 will NOT use Co-Ed Quantity scoring, regardless of the number of males on the team.
4. Division splits and combinations will follow USASF guidelines.
5. Prep divisions will compete on Saturday only. Time limit is 2:00. No basket tosses permitted. With mods = with the modifications outlined in the USASF 2017-18 Cheer Safety Rules.
6. Please check additional rules & guidelines at www.usasf.net including the Age Grid for more information.
7. Scoring information can be found in the scoring section of the CheerExpo website.

Questions? Contact us at info@cheerexpo.net