

CheerExpo Nationals Scholastic USASF Cheer Divisions and Info 2018

(These divisions are not for Nova Scotia School Teams)

School Divisions	Age/Grade*	Female/Male	# on Squad	Levels
Youth Cheer				
Youth	Grade 6 and Under	Female/Male	5 – 38 Members	1, 2, 3
Junior Cheer				
Junior	Grade 9 and Under	No Males	5 – 38 Members	1, 2, 3, 4
Junior Co-Ed	Grade 9 and Under	1 or more Males	5 – 38 Members	1, 2, 3, 4
Senior Cheer				
Senior	Grades 8 to 12	No Males	5 – 38 Members	1, 2, 2.0*, 3, 4, 4.2*
Senior Co-Ed	Grades 8 to 12	1 or more Males	5 - 38 Members	1, 2, 2.0*, 3, 4, 4.2*
Senior Open Cheer				
Senior	Grades 6 to 12	No Males	5 - 38 Members	2, 3, 4, 4.2
Senior Co-Ed	Grades 6 to 12	1 or more Males	5 - 38 Members	2, 3, 4, 4.2
Open Cheer - University/Collegiate/Cegep				
University/Collegiate 4.2	Registered Students	Male/Female	5 - 38 Members	4.2
University/Collegiate All Girl	Registered Students	No Males	5 - 38 Members	4, 6
University/Collegiate Co-Ed	Registered Students	1 or more Males	5 - 38 Members	4, 6
Super Cheer/Special Needs (Up to Level 2 no basket tosses)				
Special Needs	Any Age	Female/Male	5 - 38 Members	Up to Level 2***

NOTE:

1. School systems vary greatly from province to province. Schools will follow the divisions that match their grade divisions at their school.
2. The grade of the participant as of September 2017 will be used for all scholastic teams.
3. Divisions may be split into small and large if there will be at least 2 teams in each resulting division.
4. Co-Ed divisions will be combined with their all girl counterparts if there are not at least 2 teams in each division. Divisions will be made into large and small first; then all-girl/co-ed if applicable. Small 1-24; Large 25+.
5. Level 4.2 will follow level 4 rules for stunts, pyramids and tosses and all level 2 rules for tumbling. Senior 2.0 will follow level 2 rules. Tumbling is not permitted or scored in Senior 2.0. Senior 2.0 will have a time limit of 2:00. Divisions listed as ".2" or "2.0" divisions will not be eligible for Level Champs Awards.
6. If your school team division matches that of the Nova Scotia school team divisions (Junior level 2 or 3; Senior Level 2 or 4 or 4.2...max 24 members) AND your school is on good standing with your provincial school sports association, your team will may permitted to compete against the NS School teams in their division.
7. Please check additional rules & guidelines at www.usasf.net. Scoring information can be found in the scoring section of the CheerExpo website.

Questions? Contact us at info@cheerexpo.net