

# REC & NOVICE

2018/2019

Event: \_\_\_\_\_

Team: \_\_\_\_\_

Division: \_\_\_\_\_

Date: \_\_\_\_\_

Panel #: \_\_\_\_\_

Day: \_\_\_\_\_

Team Number: \_\_\_\_\_

Version 10.11.18

## PANEL SHEET

## \* REC & NOVICE

### Stunt Technique

**3.5 - 5.0** A team's ability to execute Stunts with excellent precision and form

	-0.2	-0.3
DRIVERS: Top Person/Body Control		
Bases/Spotters/Stability of the Stunt		
Entries/Transitions/Dismounts		
Obvious Mistakes		
Synchronization		

Comments:

/5

### Pyramid Technique

**3.5 - 5.0** A team's ability to execute Pyramids with excellent precision and form

	-0.2	-0.3
DRIVERS: Top Person/Body Control		
Bases/Spotters/Stability of the Stunt		
Entries/Transitions/Dismounts		
Obvious Mistakes		
Synchronization		

/5

### Jump Technique

**3.5 - 5.0** A team's ability to execute Jumps with excellent precision and form

	-0.2	-0.3
DRIVERS: Arm Placement		
Leg Placement		
Hyperextension/Height		
Landings		
Synchronization		

/5

### Dance

**9.0 - 10.0**

A team's ability to demonstrate a high level of energy and entertainment value which incorporates multiple visual elements including a variety of levels, formation changes, partner work, foot work and floor work. This includes technique, perfection, synchronization, pace and intricacy of dance moves performed.

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### Performance

**9.0 - 10.0**

A team's ability to demonstrate high levels of energy and excitement while maintaining genuine enthusiasm and showmanship. This will include appropriate athletic impression throughout the routine.

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### Routine Composition

**9.0 - 10.0**

A team's ability to demonstrate precise spacing in formations and seamless patterns of movement in transitions performed throughout the routine. This includes innovative, visual and intricate ideas, as well as any additional skills performed to enhance the overall appeal.

/10

#### RATING SYSTEM

OUTSTANDING	EXCELLENT	SUPERIOR
37.5 - 40	40 - 42.5	42.5 - 45

**SHEET TOTAL:**

/45