

CheerExpo Scholastic Divisions and Info 2021/2022

Scholastic Cheer Divisions	# of Members	IASF Level Options
Primary Youth Grades 1-4	5-30	1
Elementary Youth Grades 4-6	5-30	1, 2
Junior High Grades 6-9	5-30	1, 2, 3
Combined Jr/Sr Grades 7-12	5-30	1, 2, 3
Senior Grade 9-12	5-30	1, 2, 3, 4, 4.0
CEGEP / Collegiate	5-36	4.2, 4, 5, 6
University / Collegiate	5-36	2.0, 4.2, 4, 7

-> Note that CheerExpo uses IASF Rules for ALL school divisions. For reference, see chart below for IASF level to CLOSEST corresponding ICU / Cheer Canada level. Please review IASF rules for differences.

IASF Level	Closest Corresponding ICU
1	Novice
2	Intermediate
3	Median

IASF Level	Closest Corresponding ICU
4	Advanced
5/6	Elite
7	Premier

-> Cheer is not required for CheerExpo scholastic divisions this season. If a cheer is included, the technical skills included during the cheer component are rewarded within the Cheer score sheet only. Category score sheets (building skills, etc) will consider skills performed during the music portion only.

- 1. TIME LIMITS:** Regular division time limit is 2:30 max. Routine time for Non-tumbling (.0) teams will be 2:00 max. These max time limits must include both the music portion and cheer (if cheer is included in routine).
- 2. NON-TUMBLING DIVISIONS:** Tumbling is not allowed. The following exceptions are allowed for stunting purposes or formation changes and must follow appropriate level inversion rules. No tumbling score will be given for the following exceptions: forward rolls, handstands, cartwheels and round-offs are allowed.
- 3. NSSAF:** Nova Scotia school teams must adhere to NSSAF / CNS rules of play (restrictions of level, team size, etc.). A competed sanction form will be required by February 15th, 2022. Email to info@cheerexpo.net.

DIVISION SPLITS AT CHEEREXPO:

- 1. Coed Splits:** The following divisions will be split into All-Girl/Coed divisions when there will be 2 or more teams in each respective division:
 - Senior High School Level 4 and 4.0
 - University / CEGEP / Collegiate Level 4.2, 4, 5, 6 and 7
- 2. Team Size Splits:** Teams may be split by team size with consideration of the following:
 - Similar sized teams within the split
 - Similar number of teams within the split
 - No teams left on their own as a result of a split (unless they have a crossover as below)
 - Programs with multiple teams within an age division may compete against each other if there are not enough teams for a logical split. However, crossovers between these two teams in the same division are not permitted.

If you have a division that is not listed here, please contact us for assistance.
 Questions? Contact us at info@cheerexpo.net

Disclaimer: Information and policies are subject to change based on situational changes of COVID-19 or policy changes